



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Porzelt, Janis

Club: SV 1899 Mühlhausen

Number: 294

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitternellingen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 19:25

Speed: 12.36 km/h

Running performance: 4:51 min/km

Rank in course/Total: 148 (of 477)

Rank in course/Men: 120 (of 315)

Best time in course: 12:17

Rank in category: 30(of 67)

Best time in the category: 14:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	9:32	4:46	25	2:26	112	3:32	2.00	9:32	4:46	28		79	3:32
Leichtathletikhalle	2.00	9:53	4:56	31	2:29	137	3:39	4.00	19:25	4:51	30	4:31	120	7:08