



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Bohne, Christopher

Club: KNV-Logistik

Number: 514

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:

Männer (20-29 Jahre)

Total time: 18:32

Speed: 12.95 km/h

Running performance: 4:38 min/km

Rank in course/Total: 120 (of 477)

Rank in course/Men: 102 (of 315)

Best time in course: 12:17

Rank in category: 13(of 28)

Best time in the category: 12:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	8:44	4:21	11	2:38	79	2:44	2.00	8:44	4:21	4			46	2:44
Leichtathletikhalle	2.00	9:48	4:54	13	3:34	132	3:34	4.00	18:32	4:38	13	6:12		102	6:15