



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Minale, Luca

Club: Victoria Park Harriers

Number: 65

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitternellingen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 14:54

Speed: 16.11 km/h

Running performance: 3:43 min/km

Rank in course/Total: 24 (of 477)

Rank in course/Men: 22 (of 315)

Best time in course: 12:17

Rank in category: 1 (of 67)

Best time in the category: 14:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	7:06	3:32	1	-	17	1:06	2.00	7:06	3:32	21	-	312	1:06
Leichtathletikhalle	2.00	7:48	3:53	3	0:24	31	1:34	4.00	14:54	3:43	1	-	22	2:37