



# 40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

## Detailed evaluation

**Junghannß, Karl**

Club: LAC Erfurt

Number: 1511

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 32:24

Speed: 18.52 km/h

Running performance: 3:14 min/km

Rank in course/Total: 3 (of 686)

Rank in course/Men: 3 (of 543)

Best time in course: 29:39

Rank in category: 1(of 20)

Best time in the category: 32:24

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
Runde	2.00	6:25	3:12	1	-	2	0:23	2.00	6:25	3:12	11		2	0:23
Runde	2.00	6:32	3:15	1	-	2	0:35	4.00	12:57	3:14	11		2	0:58
Runde	2.00	6:40	3:20	1	-	2	0:45	6.00	19:37	3:16	11		2	1:43
Runde	2.00	6:28	3:14	1	-	2	0:33	8.00	26:05	3:15	11		2	2:16
Leichtathletikhäl	2.00	6:19	3:09	1	-	3	0:29	10.00	32:24	3:14	1	-	3	2:45