



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Klatte, Christian

Club: RV Elxleben

Number: 280

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitternellingen

Category:

Senioren M50 (50-59 Jahre)

Total time: 19:33

Speed: 12.28 km/h

Running performance: 4:53 min/km

Rank in course/Total: 152 (of 477)

Rank in course/Men: 123 (of 315)

Best time in course: 12:17

Rank in category: 11(of 35)

Best time in the category: 15:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	6:17	3:08	1	-	6	0:17	2.00	6:17	3:08	28		5	0:17
Leichtathletikhah	2.00	13:16	6:38	34	5:34	305	7:02	4.00	19:33	4:53	11	4:22	123	7:16