



# 40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

## Detailed evaluation

**Großner, Jacob**

Club: Laufladen

Number: 1340

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 37:33

Speed: 15.98 km/h

Running performance: 3:46 min/km

Rank in course/Total: 23 (of 686)

Rank in course/Men: 20 (of 543)

Best time in course: 29:39

Rank in category: 4(of 20)

Best time in the category: 32:24

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	7:05	3:32	4	0:40	16	1:03	2.00	7:05	3:32	18		17	1:03
Runde	2.00	7:20	3:39	4	0:48	17	1:23	4.00	14:25	3:36	18		16	2:26
Runde	2.00	7:39	3:49	4	0:59	20	1:44	6.00	22:04	3:40	18		17	4:10
Runde	2.00	7:51	3:55	4	1:23	24	1:56	8.00	29:55	3:44	18		17	6:06
Leichtathletikhäl	2.00	7:38	3:49	4	1:19	28	1:48	10.00	37:33	3:45	4	5:09	20	7:54