



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Brakebusch-Lévêque, Odile

Club: ASAD

Number: 1380

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Seniorinnen W50 (50-59 Jahre)

Total time: 39:41

Speed: 15.12 km/h

Running performance: 3:58 min/km

Rank in course/Total: 38 (of 686)

Rank in course/Women: 5 (of 143)

Best time in course: 35:30

Rank in category: 1(of 22)

Best time in the category: 39:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	7:59	3:59	1	-	7	1:03	2.00	7:59	3:59	12	-	5	1:03
Runde	2.00	7:51	3:55	1	-	5	0:44	4.00	15:50	3:57	12	-	5	1:47
Runde	2.00	7:55	3:57	1	-	5	0:45	6.00	23:45	3:57	12	-	5	2:32
Runde	2.00	8:00	4:00	1	-	5	0:47	8.00	31:45	3:58	12	-	5	3:19
Leichtathletikhalle	2.00	7:56	3:58	1	-	5	0:52	10.00	39:41	3:58	1	-	5	4:11