



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Jakobi, Kevin

Club: B.L. Sharks

Number: 353

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

Männer (20-29 Jahre)

Total time: 17:32

Speed: 13.69 km/h

Running performance: 4:23 min/km

Rank in course/Total: 90 (of 477)

Rank in course/Men: 79 (of 315)

Best time in course: 12:17

Rank in category: 11(of 28)

Best time in the category: 12:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	8:44	4:21	11	2:38	79	2:44	2.00	8:44	4:21	4		46	2:44
Leichtathletikhall	2.00	8:48	4:24	11	2:34	84	2:34	4.00	17:32	4:23	11	5:12	79	5:15