



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Klein, Stephan

Club: BSV Neuburg

Number: 1031

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Männer (20-29 Jahre)

Total time: 40:45

Speed: 14.72 km/h

Running performance: 4:05 min/km

Rank in course/Total: 50 (of 686)

Rank in course/Men: 44 (of 543)

Best time in course: 29:39

Rank in category: 14(of 69)

Best time in the category: 29:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Runde	2.00	7:50	3:54	15	1:48	40	1:48	2.00	7:50	3:54	39		46	1:48
Runde	2.00	8:12	4:05	15	2:15	52	2:15	4.00	16:02	4:00	39		45	4:03
Runde	2.00	8:19	4:09	14	2:24	51	2:24	6.00	24:21	4:03	39		44	6:27
Runde	2.00	8:12	4:05	13	2:17	40	2:17	8.00	32:33	4:04	39		43	8:44
Leichtathletikhall	2.00	8:12	4:05	16	2:22	60	2:22	10.00	40:45	4:04	14	11:06	44	11:06