



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Enders, Kevin

Club: RSV Wollbach

Number: 967

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Männer (20-29 Jahre)

Total time: 42:17

Speed: 14.19 km/h

Running performance: 4:14 min/km

Rank in course/Total: 77 (of 686)

Rank in course/Men: 69 (of 543)

Best time in course: 29:39

Rank in category: 17(of 69)

Best time in the category: 29:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:27	4:43	32	3:25	182	3:25	2.00	9:27	4:43	38		68	3:25
Runde	2.00	8:23	4:11	18	2:26	75	2:26	4.00	17:50	4:27	38		67	5:51
Runde	2.00	8:19	4:09	14	2:24	51	2:24	6.00	26:09	4:21	38		66	8:15
Runde	2.00	8:12	4:05	13	2:17	40	2:17	8.00	34:21	4:17	20		65	10:32
Leichtathletikh	2.00	7:56	3:58	14	2:06	42	2:06	10.00	42:17	4:13	17	12:38	69	12:38