



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Wächter, Hartmut

Club: LSV Lok Arnstadt

Number: 1334

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Senioren M60 (60-69 Jahre)

Total time: 42:27

Speed: 14.13 km/h

Running performance: 4:14 min/km

Rank in course/Total: 83 (of 686)

Rank in course/Men: 74 (of 543)

Best time in course: 29:39

Rank in category: 1(of 25)

Best time in the category: 42:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	8:14	4:06	2	0:01	71	2:12	2.00	8:14	4:06	14		61	2:12	
Runde	2.00	8:30	4:15	1	-	88	2:33	4.00	16:44	4:11	14		71	4:45	
Runde	2.00	8:35	4:17	1	-	81	2:40	6.00	25:19	4:13	14		59	7:25	
Runde	2.00	8:40	4:19	1	-	77	2:45	8.00	33:59	4:14	14		69	10:10	
Leichtathletikhall	2.00	8:28	4:14	1	-	81	2:38	10.00	42:27	4:14	1	-	74	12:48	