



# 40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

## Detailed evaluation

**Knoll, Maximilian**

Club: LG Bad Frankenhausen / Göllingen  
Number: 622

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 16:37

Speed: 14.44 km/h

Running performance: 4:09 min/km

Rank in course/Total: 60 (of 477)

Rank in course/Men: 54 (of 315)

Best time in course: 12:17

Rank in category: 5(of 9)

Best time in the category: 13:03

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	8:05	4:02	5	1:41	43	2:05	2.00	8:05	4:02	4	1:41	50	2:05
Leichtathletikhalle	2.00	8:32	4:15	5	1:53	67	2:18	4.00	16:37	4:09	5	3:34	54	4:20