



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Brandl, André

Club: Erfurt
Number: 933

Course: 10.00 km
Wertungslauf um den Braugold-Pokal

Category:
Männer (20-29 Jahre)

Total time: 43:32

Speed: 13.78 km/h
Running performance: 4:21 min/km

Rank in course/Total: 110 (of 686)

Rank in course/Men: 101 (of 543)

Best time in course: 29:39

Rank in category: 24(of 69)

Best time in the category: 29:39

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	8:33	4:16	22	2:31	89	2:31	2.00	8:33	4:16	45		87	2:31	
Runde	2.00	8:43	4:21	25	2:46	117	2:46	4.00	17:16	4:18	45		3	5:17	
Runde	2.00	8:46	4:23	23	2:51	110	2:51	6.00	26:02	4:20	45		85	8:08	
Runde	2.00	8:51	4:25	21	2:56	98	2:56	8.00	34:53	4:21	45		84	11:04	
Leichtathletikhaf	2.00	8:39	4:19	23	2:49	110	2:49	10.00	43:32	4:21	24	13:53	101	13:53	