



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Krellig, Paul

Club: LSV Ilmenau

Number: 324

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 17:31

Speed: 13.70 km/h

Running performance: 4:23 min/km

Rank in course/Total: 88 (of 477)

Rank in course/Men: 77 (of 315)

Best time in course: 12:17

Rank in category: 13(of 67)

Best time in the category: 14:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	8:28	4:14	13	1:22	68	2:28	2.00	8:28	4:14	46		53	2:28
Leichtathletikh	2.00	9:03	4:31	16	1:39	92	2:49	4.00	17:31	4:22	13	2:37	77	5:14