



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Voigtmann, Katja

Club: Ichttershausen

Number: 1198

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Frauen (20-29 Jahre)

Total time: 45:05

Speed: 13.31 km/h

Running performance: 4:31 min/km

Rank in course/Total: 156 (of 686)

Rank in course/Women: 13 (of 143)

Best time in course: 35:30

Rank in category: 6(of 31)

Best time in the category: 35:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	10:12	5:05	14	3:16	35	3:16	2.00	10:12	5:05	25		15	3:16
Runde	2.00	8:46	4:23	6	1:39	11	1:39	4.00	18:58	4:44	25		15	4:55
Runde	2.00	8:40	4:19	6	1:30	10	1:30	6.00	27:38	4:36	23		15	6:25
Runde	2.00	8:44	4:21	6	1:31	9	1:31	8.00	36:22	4:32	23		15	7:56
Leichtathletikhalle	2.00	8:43	4:21	7	1:39	10	1:39	10.00	45:05	4:30	6	9:35	13	9:35