



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Stern, Richard

Club: RV Elxleben

Number: 210

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 17:58

Speed: 13.36 km/h

Running performance: 4:29 min/km

Rank in course/Total: 101 (of 477)

Rank in course/Men: 87 (of 315)

Best time in course: 12:17

Rank in category: 16(of 67)

Best time in the category: 14:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	8:50	4:25	17	1:44	85	2:50	2.00	8:50	4:25	43		58	2:50
Leichtathletikh	2.00	9:08	4:33	17	1:44	96	2:54	4.00	17:58	4:29	16	3:04	87	5:41