



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Leimer, Jonas

Club: Erfurter LAC

Number: 125

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 17:57

Speed: 13.37 km/h

Running performance: 4:29 min/km

Rank in course/Total: 100 (of 477)

Rank in course/Men: 86 (of 315)

Best time in course: 12:17

Rank in category: 15 (of 67)

Best time in the category: 14:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	8:47	4:23	16	1:41	83	2:47	2.00	8:47	4:23	42			48	2:47
Leichtathletikhalle	2.00	9:10	4:34	18	1:46	97	2:56	4.00	17:57	4:29	15	3:03		86	5:40