



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Jägeler, Paul-Konrad

Club: RV Elxleben

Number: 204

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitternellingen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 17:59

Speed: 13.35 km/h

Running performance: 4:30 min/km

Rank in course/Total: 102 (of 477)

Rank in course/Men: 88 (of 315)

Best time in course: 12:17

Rank in category: 17 (of 67)

Best time in the category: 14:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	8:46	4:23	15	1:40	82	2:46	2.00	8:46	4:23	41		61	2:46
Leichtathletikhalle	2.00	9:13	4:36	19	1:49	99	2:59	4.00	17:59	4:29	17	3:05	88	5:42