



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Merten, Wolfgang

Club: Erfurt
Number: 1145

Course: 10.00 km
Wertungslauf um den Braugold-Pokal

Category:
Senioren M60 (60-69 Jahre)

Total time: 49:01

Speed: 12.24 km/h
Running performance: 4:54 min/km

Rank in course/Total: 293 (of 686)

Rank in course/Men: 266 (of 543)

Best time in course: 29:39

Rank in category: 8(of 25)

Best time in the category: 42:27

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | | Stage score | | | | Total ranking | | | | |
|-------------------|--------------------|------------|--------------|----------|-------------|-------------|------------|----------|------------|---------------|----------|-------------|---------|------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 2.00 | 10:08 | 5:03 | 11 | 1:55 | 278 | 4:06 | 2.00 | 10:08 | 5:03 | 21 | | 207 | 4:06 |
| Runde | 2.00 | 9:36 | 4:47 | 8 | 1:06 | 265 | 3:39 | 4.00 | 19:44 | 4:56 | 21 | | 211 | 7:45 |
| Runde | 2.00 | 9:37 | 4:48 | 7 | 1:02 | 247 | 3:42 | 6.00 | 29:21 | 4:53 | 21 | | 210 | 11:27 |
| Runde | 2.00 | 9:47 | 4:53 | 8 | 1:07 | 255 | 3:52 | 8.00 | 39:08 | 4:53 | 21 | | 190 | 15:19 |
| Leichtathletikhäl | 2.00 | 9:53 | 4:56 | 9 | 1:25 | 313 | 4:03 | 10.00 | 49:01 | 4:54 | 8 | 6:34 | 266 | 19:22 |