



# 40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

## Detailed evaluation

**Merten, Wolfgang**

Club: Erfurt  
Number: 1145

Course: 10.00 km  
Wertungslauf um den Braugold-Pokal

Category:  
Senioren M60 (60-69 Jahre)

Total time: 49:01

Speed: 12.24 km/h  
Running performance: 4:54 min/km

Rank in course/Total: 293 (of 686)

Rank in course/Men: 266 (of 543)

Best time in course: 29:39

Rank in category: 8(of 25)

Best time in the category: 42:27

### Intermediate times

### Stage score

### Total ranking

| Control           | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total       |               | Total           |             | Total          |            | Total ranking |  |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|--|
|                   |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |  |
| Runde             | 2.00        | 10:08         | 5:03            | 11          | 1:55           | 278         | 4:06          | 2.00        | 10:08         | 5:03            | 21          |                | 207        | 4:06          |  |
| Runde             | 2.00        | 9:36          | 4:47            | 8           | 1:06           | 265         | 3:39          | 4.00        | 19:44         | 4:56            | 21          |                | 211        | 7:45          |  |
| Runde             | 2.00        | 9:37          | 4:48            | 7           | 1:02           | 247         | 3:42          | 6.00        | 29:21         | 4:53            | 21          |                | 210        | 11:27         |  |
| Runde             | 2.00        | 9:47          | 4:53            | 8           | 1:07           | 255         | 3:52          | 8.00        | 39:08         | 4:53            | 21          |                | 190        | 15:19         |  |
| Leichtathletikhaf | 2.00        | 9:53          | 4:56            | 9           | 1:25           | 313         | 4:03          | 10.00       | 49:01         | 4:54            | 8           | 6:34           | 266        | 19:22         |  |