



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Brachmanski, Hans-Peter

Club: Erfurt

Number: 38

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

Senioren M50 (50-59 Jahre)

Total time: 16:54

Speed: 14.20 km/h

Running performance: 4:13 min/km

Rank in course/Total: 73 (of 477)

Rank in course/Men: 64 (of 315)

Best time in course: 12:17

Rank in category: 6(of 35)

Best time in the category: 15:11

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|---------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Runde | 2.00 | 8:31 | 4:15 | 8 | 2:14 | 71 | 2:31 | 2.00 | 8:31 | 4:15 | 22 | | | 64 | 2:31 |
| Leichtathletikhalle | 2.00 | 8:23 | 4:11 | 5 | 0:41 | 53 | 2:09 | 4.00 | 16:54 | 4:13 | 6 | 1:43 | | 64 | 4:37 |