



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Brachmanski, Hans-Peter

Club: Erfurt

Number: 38

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhüringen

Category:

Senioren M50 (50-59 Jahre)

Total time: 16:54

Speed: 14.20 km/h

Running performance: 4:13 min/km

Rank in course/Total: 73 (of 477)

Rank in course/Men: 64 (of 315)

Best time in course: 12:17

Rank in category: 6(of 35)

Best time in the category: 15:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	8:31	4:15	8	2:14	71	2:31	2.00	8:31	4:15	22			64	2:31
Leichtathletikhäl	2.00	8:23	4:11	5	0:41	53	2:09	4.00	16:54	4:13	6	1:43		64	4:37