



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Böhm, Christine

Club: Auto Böhm

Number: 1100

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 51:23

Speed: 11.68 km/h

Running performance: 5:08 min/km

Rank in course/Total: 397 (of 686)

Rank in course/Women: 48 (of 143)

Best time in course: 35:30

Rank in category: 12(of 32)

Best time in the category: 40:27

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|---------------------|--------------------|------------|--------------|----------|-------------|-----------|--------------|----------|---------------|--------------|----------|-------------|-----------|--------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Runde | 2.00 | 11:05 | 5:32 | 13 | 3:52 | 64 | 4:09 | 2.00 | 11:05 | 5:32 | 27 | | 25 | 4:09 |
| Runde | 2.00 | 10:12 | 5:05 | 11 | 2:17 | 48 | 3:05 | 4.00 | 21:17 | 5:19 | 27 | | 25 | 7:14 |
| Runde | 2.00 | 10:13 | 5:06 | 13 | 1:59 | 44 | 3:03 | 6.00 | 31:30 | 5:15 | 27 | | 25 | 10:17 |
| Runde | 2.00 | 10:06 | 5:02 | 11 | 1:34 | 37 | 2:53 | 8.00 | 41:36 | 5:12 | 26 | | 25 | 13:10 |
| Leichtathletikhalle | 2.00 | 9:47 | 4:53 | 8 | 1:18 | 31 | 2:43 | 10.00 | 51:23 | 5:08 | 12 | 10:56 | 48 | 15:53 |