



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Kunter, Daniel

Club: Gotha

Number: 1248

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Männer (20-29 Jahre)

Total time: 49:36

Speed: 12.10 km/h

Running performance: 4:58 min/km

Rank in course/Total: 320 (of 686)

Rank in course/Men: 289 (of 543)

Best time in course: 29:39

Rank in category: 42(of 69)

Best time in the category: 29:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	11:27	5:43	57	5:25	433	5:25	2.00	11:27	5:43	18		243	5:25
Runde	2.00	9:33	4:46	38	3:36	262	3:36	4.00	21:00	5:15	18		241	9:01
Runde	2.00	9:51	4:55	40	3:56	294	3:56	6.00	30:51	5:08	18		240	12:57
Runde	2.00	9:53	4:56	39	3:58	266	3:58	8.00	40:44	5:05	18		239	16:55
Leichtathletikhal	2.00	8:52	4:26	29	3:02	147	3:02	10.00	49:36	4:57	42	19:57	289	19:57