



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Hausmann, Andreas

Club: LTV Erfurt

Number: 1551

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Senioren M50 (50-59 Jahre)

Total time: 52:29

Speed: 11.43 km/h

Running performance: 5:15 min/km

Rank in course/Total: 434 (of 686)

Rank in course/Men: 379 (of 543)

Best time in course: 29:39

Rank in category: 71(of 107)

Best time in the category: 39:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	10:47	5:23	64	3:12	361	4:45	2.00	10:47	5:23	39	3:12	247	4:45
Runde	2.00	10:22	5:11	73	2:25	401	4:25	4.00	21:09	5:17	39	5:34	208	9:10
Runde	2.00	10:28	5:14	72	2:21	385	4:33	6.00	31:37	5:16	39	7:55	244	13:43
Runde	2.00	10:31	5:15	72	2:27	372	4:36	8.00	42:08	5:15	39	10:22	243	18:19
Leichtathletikhaf	2.00	10:21	5:10	75	2:26	386	4:31	10.00	52:29	5:14	71	12:48	379	22:50