



# 40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

## Detailed evaluation

**Engelhardt, Deborah**

Club: bad langensalza

Number: 1417

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

weibliche Jugend U20 (18-19 Jahre)

Total time: 54:46

Speed: 10.96 km/h

Running performance: 5:29 min/km

Rank in course/Total: 518 (of 686)

Rank in course/Women: 76 (of 143)

Best time in course: 35:30

Rank in category: 3(of 6)

Best time in the category: 48:07

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	11:53	5:56	4	1:27	98	4:57	2.00	11:53	5:56	1	-	34	4:57
Runde	2.00	11:05	5:32	3	1:25	88	3:58	4.00	22:58	5:44	1	-	34	8:55
Runde	2.00	10:46	5:23	3	1:20	62	3:36	6.00	33:44	5:37	1	-	34	12:31
Runde	2.00	10:38	5:18	3	1:10	58	3:25	8.00	44:22	5:32	1	-	34	15:56
Leichtathletikhalle	2.00	10:24	5:12	3	1:17	58	3:20	10.00	54:46	5:28	3	6:39	76	19:16