



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Schmidt, Moritz

Club: ELAC

Number: 1228

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 52:55

Speed: 11.34 km/h

Running performance: 5:17 min/km

Rank in course/Total: 446 (of 686)

Rank in course/Men: 391 (of 543)

Best time in course: 29:39

Rank in category: 16(of 20)

Best time in the category: 32:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	10:46	5:23	15	4:21	360	4:44	2.00	10:46	5:23	10		300	4:44
Runde	2.00	10:38	5:18	17	4:06	433	4:41	4.00	21:24	5:20	10		298	9:25
Runde	2.00	10:27	5:13	16	3:47	382	4:32	6.00	31:51	5:18	10		284	13:57
Runde	2.00	10:56	5:28	19	4:28	428	5:01	8.00	42:47	5:20	10		296	18:58
Leichtathletikhalle	2.00	10:08	5:03	18	3:49	355	4:18	10.00	52:55	5:17	16	20:31	391	23:16