



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Scheller, Hans-Peter

Club: Weimar

Number: 1271

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Senioren M60 (60-69 Jahre)

Total time: 50:55

Speed: 11.78 km/h

Running performance: 5:05 min/km

Rank in course/Total: 375 (of 686)

Rank in course/Men: 337 (of 543)

Best time in course: 29:39

Rank in category: 11(of 25)

Best time in the category: 42:27

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	9:51	4:55	8	1:38	240	3:49	2.00	9:51	4:55	15		197	3:49	
Runde	2.00	10:19	5:09	14	1:49	395	4:22	4.00	20:10	5:02	15		273	8:11	
Runde	2.00	10:18	5:09	12	1:43	363	4:23	6.00	30:28	5:04	15		305	12:34	
Runde	2.00	10:21	5:10	11	1:41	350	4:26	8.00	40:49	5:06	15		304	17:00	
Leichtathletikhaf	2.00	10:06	5:02	11	1:38	348	4:16	10.00	50:55	5:05	11	8:28	337	21:16	