



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Hummel, Robert

Club: SV Wiiterda

Number: 991

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Männer (20-29 Jahre)

Total time: 53:31

Speed: 11.21 km/h

Running performance: 5:21 min/km

Rank in course/Total: 466 (of 686)

Rank in course/Men: 407 (of 543)

Best time in course: 29:39

Rank in category: 51(of 69)

Best time in the category: 29:39

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | | Stage score | | | | Total ranking | | | | |
|-----------------|--------------------|------------|--------------|----------|-------------|-------------|------------|----------|------------|---------------|----------|-------------|---------|------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 2.00 | 11:10 | 5:34 | 55 | 5:08 | 413 | 5:08 | 2.00 | 11:10 | 5:34 | 11 | | 316 | 5:08 |
| Runde | 2.00 | 10:20 | 5:10 | 52 | 4:23 | 397 | 4:23 | 4.00 | 21:30 | 5:22 | 11 | | 314 | 9:31 |
| Runde | 2.00 | 11:05 | 5:32 | 55 | 5:10 | 454 | 5:10 | 6.00 | 32:35 | 5:25 | 11 | | 313 | 14:41 |
| Runde | 2.00 | 10:38 | 5:18 | 49 | 4:43 | 396 | 4:43 | 8.00 | 43:13 | 5:24 | 11 | | 312 | 19:24 |
| Leichtathletikh | 2.00 | 10:18 | 5:09 | 48 | 4:28 | 378 | 4:28 | 10.00 | 53:31 | 5:21 | 51 | 23:52 | 407 | 23:52 |