



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Kollascheck, Gottfried

Club: LTV Erfurt

Number: 1239

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Senioren M50 (50-59 Jahre)

Total time: 57:14

Speed: 10.48 km/h

Running performance: 5:43 min/km

Rank in course/Total: 574 (of 686)

Rank in course/Men: 481 (of 543)

Best time in course: 29:39

Rank in category: 92(of 107)

Best time in the category: 39:41

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	10:48	5:24	65	3:13	363	4:46	2.00	10:48	5:24	57	3:13	325	4:46
Runde	2.00	11:29	5:44	92	3:32	500	5:32	4.00	22:17	5:34	57	6:42	323	10:18
Runde	2.00	11:38	5:48	93	3:31	497	5:43	6.00	33:55	5:39	57	10:13	322	16:01
Runde	2.00	11:38	5:48	92	3:34	478	5:43	8.00	45:33	5:41	57	13:47	321	21:44
Leichtathletikh	2.00	11:41	5:50	96	3:46	496	5:51	10.00	57:14	5:43	92	17:33	481	27:35