



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Voigt, Katrin

Club: Erfurt
Number: 948

Course: 10.00 km
Wertungslauf um den Braugold-Pokal

Category:
Frauen (20-29 Jahre)

Total time: 57:01

Speed: 10.52 km/h
Running performance: 5:42 min/km

Rank in course/Total: 568 (of 686)

Rank in course/Women: 92 (of 143)

Best time in course: 35:30

Rank in category: 19(of 31)

Best time in the category: 35:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	12:11	6:05	23	5:15	109	5:15	2.00	12:11	6:05	21		56	5:15
Runde	2.00	10:59	5:29	18	3:52	84	3:52	4.00	23:10	5:47	21		56	9:07
Runde	2.00	11:05	5:32	18	3:55	85	3:55	6.00	34:15	5:42	19	4:08	56	13:02
Runde	2.00	11:38	5:48	21	4:25	97	4:25	8.00	45:53	5:44	19	4:43	56	17:27
Leichtathletikhalle	2.00	11:08	5:33	20	4:04	82	4:04	10.00	57:01	5:42	19	21:31	92	21:31