



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Scheller, Christin

Club: Weimar

Number: 1389

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Frauen (20-29 Jahre)

Total time: 58:45

Speed: 10.21 km/h

Running performance: 5:53 min/km

Rank in course/Total: 605 (of 686)

Rank in course/Women: 105 (of 143)

Best time in course: 35:30

Rank in category: 22(of 31)

Best time in the category: 35:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	12:38	6:18	27	5:42	125	5:42	2.00	12:38	6:18	20	0:20	58	5:42
Runde	2.00	11:40	5:49	24	4:33	108	4:33	4.00	24:18	6:04	20	0:32	58	10:15
Runde	2.00	11:41	5:50	22	4:31	105	4:31	6.00	35:59	5:59	18	5:52	58	14:46
Runde	2.00	11:38	5:48	21	4:25	97	4:25	8.00	47:37	5:57	18	6:27	58	19:11
Leichtathletikhalle	2.00	11:08	5:33	20	4:04	82	4:04	10.00	58:45	5:52	22	23:15	105	23:15