



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Fuchs, Matthias

Club: VS Leipzig

Number: 74

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhüringen

Category:

Senioren M40 (40-49 Jahre)

Total time: 17:42

Speed: 13.56 km/h

Running performance: 4:25 min/km

Rank in course/Total: 96 (of 477)

Rank in course/Men: 83 (of 315)

Best time in course: 12:17

Rank in category: 14(of 67)

Best time in the category: 13:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	8:54	4:27	15	2:07	87	2:54	2.00	8:54	4:27	41		51	2:54
Leichtathletikhäl	2.00	8:48	4:24	16	1:43	84	2:34	4.00	17:42	4:25	14	3:50	83	5:25