



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Rady, Felix

Club: FC Borntal Erfurt

Number: 687

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 20:00

Speed: 12.00 km/h

Running performance: 5:00 min/km

Rank in course/Total: 167 (of 477)

Rank in course/Men: 135 (of 315)

Best time in course: 12:17

Rank in category: 33(of 67)

Best time in the category: 14:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	10:47	5:23	42	3:41	174	4:47	2.00	10:47	5:23	37		76	4:47
Leichtathletikh	2.00	9:13	4:36	19	1:49	99	2:59	4.00	20:00	5:00	33	5:06	135	7:43