



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Sachse, Jan- Erik

Club: SV Sömmerda Radsport

Number: 108

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 19:07

Speed: 12.55 km/h

Running performance: 4:47 min/km

Rank in course/Total: 135 (of 477)

Rank in course/Men: 109 (of 315)

Best time in course: 12:17

Rank in category: 24(of 67)

Best time in the category: 14:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	9:32	4:46	25	2:26	112	3:32	2.00	9:32	4:46	28			79	3:32
Leichtathletikhäl	2.00	9:35	4:47	26	2:11	117	3:21	4.00	19:07	4:46	24	4:13		109	6:50