



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Voß, Anika

Club: Sparkasse Mittelthüringen

Number: 163

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelthüringen

Category:

Frauen (20-29 Jahre)

Total time: 18:44

Speed: 12.81 km/h

Running performance: 4:41 min/km

Rank in course/Total: 125 (of 477)

Rank in course/Women: 21 (of 162)

Best time in course: 14:18

Rank in category: 5 (of 31)

Best time in the category: 14:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	9:34	4:46	6	2:32	30	2:32	2.00	9:34	4:46	30		13	2:26
Leichtathletikhalle	2.00	9:10	4:34	4	1:54	16	1:54	4.00	18:44	4:41	5	4:26	22	4:26