



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Deutschmann, Elke

Club: Röblinglauf Verein

Number: 953

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

weibliche Jugend U20 (18-19 Jahre)

Total time: 1:00:51

Speed: 9.86 km/h

Running performance: 6:05 min/km

Rank in course/Total: 639 (of 686)

Rank in course/Women: 122 (of 143)

Best time in course: 35:30

Rank in category: 5(of 6)

Best time in the category: 48:07

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|---------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Runde | 2.00 | 12:39 | 6:19 | 5 | 2:13 | 127 | 5:43 | 2.00 | 12:39 | 6:19 | 3 | 0:46 | 74 | 5:43 |
| Runde | 2.00 | 11:49 | 5:54 | 5 | 2:09 | 116 | 4:42 | 4.00 | 24:28 | 6:06 | 3 | 1:30 | 74 | 10:25 |
| Runde | 2.00 | 12:04 | 6:01 | 5 | 2:38 | 119 | 4:54 | 6.00 | 36:32 | 6:05 | 3 | 2:48 | 74 | 15:19 |
| Runde | 2.00 | 12:11 | 6:05 | 5 | 2:43 | 114 | 4:58 | 8.00 | 48:43 | 6:05 | 3 | 4:21 | 74 | 20:17 |
| Leichtathletikhalle | 2.00 | 12:08 | 6:03 | 5 | 3:01 | 123 | 5:04 | 10.00 | 1:00:51 | 6:05 | 5 | 12:44 | 122 | 25:21 |