



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Bertram, Christin

Club: ThSV 1886 Geschwenda

Number: 1346

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Frauen (20-29 Jahre)

Total time: 48:25

Speed: 12.39 km/h

Running performance: 4:50 min/km

Rank in course/Total: 273 (of 686)

Rank in course/Women: 25 (of 143)

Best time in course: 35:30

Rank in category: 12(of 31)

Best time in the category: 35:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	9:45	4:52	11	2:49	24	2:49	2.00	9:45	4:52	16		76	2:49
Runde	2.00	9:35	4:47	14	2:28	29	2:28	4.00	19:20	4:49	16		76	5:17
Runde	2.00	9:41	4:50	11	2:31	25	2:31	6.00	29:01	4:50	14		76	7:48
Runde	2.00	9:56	4:58	11	2:43	26	2:43	8.00	38:57	4:52	14		76	10:31
Leichtathletikhalle	2.00	9:28	4:44	11	2:24	24	2:24	10.00	48:25	4:50	12	12:55	25	12:55