



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Schleyer, klaus

Club: Erfurt
Number: 1267

Course: 10.00 km
Wertungslauf um den Braugold-Pokal

Category:
Senioren M50 (50-59 Jahre)

Total time: 54:00
Speed: 11.11 km/h
Running performance: 5:24 min/km
Rank in course/Total: 485 (of 686)
Rank in course/Men: 420 (of 543)
Best time in course: 29:39
Rank in category: 78(of 107)
Best time in the category: 39:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Runde	2.00	11:59	5:59	94	4:24	503	5:57	2.00	11:59	5:59	78	4:24	417	5:57				
Runde	2.00	10:41	5:20	81	2:44	444	4:44	4.00	22:40	5:40	78	7:05	415	10:41				
Runde	2.00	10:32	5:15	74	2:25	398	4:37	6.00	33:12	5:32	78	9:30	414	15:18				
Runde	2.00	10:28	5:14	70	2:24	366	4:33	8.00	43:40	5:27	78	11:54	278	19:51				
Leichtathletikhaf	2.00	10:20	5:10	73	2:25	381	4:30	10.00	54:00	5:24	78	14:19	420	24:21				