



40. Erfurter Silvesterlauf

Erfurt / 31.12.2013

Detailed evaluation

Kunze, Dietmar

Club: Tabarz

Number: 1252

Course: 10.00 km

Wertungslauf um den Braugold-Pokal

Category:

Senioren M50 (50-59 Jahre)

Total time: 50:27

Speed: 11.89 km/h

Running performance: 5:02 min/km

Rank in course/Total: 354 (of 686)

Rank in course/Men: 319 (of 543)

Best time in course: 29:39

Rank in category: 54(of 107)

Best time in the category: 39:41

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|--------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 2.00 | 10:35 | 5:17 | 61 | 3:00 | 346 | 4:33 | 2.00 | 10:35 | 5:17 | 79 | 3:00 | 157 | 4:33 |
| Runde | 2.00 | 9:57 | 4:58 | 54 | 2:00 | 325 | 4:00 | 4.00 | 20:32 | 5:08 | 79 | 4:57 | 282 | 8:33 |
| Runde | 2.00 | 10:01 | 5:00 | 51 | 1:54 | 311 | 4:06 | 6.00 | 30:33 | 5:05 | 79 | 6:51 | 256 | 12:39 |
| Runde | 2.00 | 10:08 | 5:03 | 55 | 2:04 | 316 | 4:13 | 8.00 | 40:41 | 5:05 | 32 | 8:55 | 224 | 16:52 |
| Leichtathletikhall | 2.00 | 9:46 | 4:53 | 46 | 1:51 | 284 | 3:56 | 10.00 | 50:27 | 5:02 | 54 | 10:46 | 319 | 20:48 |