



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Kruse, Eberhard

Club: keinen

Number: 1542

Course: 10.00 km

Vintage VDB Lauf

Category:

Senioren M60 (60-69 Jahre)

Total time: 58:30

Speed: 10.26 km/h

Running performance: 5:51 min/km

Rank in course/Total: 514 (of 637)

Rank in course/Men: 431 (of 493)

Best time in course: 31:35

Rank in category: 17(of 24)

Best time in the category: 43:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Langstrec	2.00	12:24	6:12	17	3:56	445	6:07	2.00	12:24	6:12	2	1:42	448	6:07
Runde Langstrec	2.00	11:31	5:45	17	2:44	436	5:08	4.00	23:55	5:58	2	2:52	282	11:15
Runde Langstrec	2.00	11:27	5:43	17	2:31	416	4:59	6.00	35:22	5:53	2	3:55	309	16:14
Runde Langstrec	2.00	11:36	5:47	17	2:37	419	5:12	8.00	46:58	5:52	2	4:54	481	21:26
Leichtathletikh	2.00	11:32	5:46	17	2:44	427	5:29	10.00	58:30	5:50	17	14:32	431	26:55