



# 41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

## Detailed evaluation

Lindeskog, Marlo

Club: LTV Erfurt

Number: 529

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 15:25

Speed: 15.57 km/h

Running performance: 3:51 min/km

Rank in course/Total: 21 (of 446)

Rank in course/Men: 20 (of 278)

Best time in course: 12:07

Rank in category: 7(of 17)

Best time in the category: 12:48

### Intermediate times

### Stage score

### Total ranking

| Control             | Split | Split | Split  | Pos  | Behind | Pos | Behind | Total | Total | Total  | Pos  | Behind | Pos | Behind |
|---------------------|-------|-------|--------|------|--------|-----|--------|-------|-------|--------|------|--------|-----|--------|
|                     | km    | Time  | min/km | Cat. | Cat.   | Men | Men    | km    | Time  | min/km | Cat. | Cat.   | Men | Men    |
| Runde Kurzstrecke   | 2.00  | 7:27  | 3:43   | 7    | 1:07   | 19  | 1:19   | 2.00  | 7:27  | 3:43   | 8    |        | 111 | 1:19   |
| Leichtathletikhalle | 2.00  | 7:58  | 3:59   | 7    | 1:30   | 24  | 1:59   | 4.00  | 15:25 | 3:51   | 7    | 2:37   | 20  | 3:18   |