



# 41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

## Detailed evaluation

**Oschmann-Kohl, Annett**

Club: SSV 02

Number: 320

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 21:17

Speed: 11.28 km/h

Running performance: 5:19 min/km

Rank in course/Total: 179 (of 446)

Rank in course/Women: 35 (of 168)

Best time in course: 13:59

Rank in category: 4(of 34)

Best time in the category: 19:57

### Intermediate times

### Stage score

### Total ranking

| Control             | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
|---------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|                     |             |               |                 |             |                |              |                 |             |               |                 |             |                |              |                 |
| Runde Kurzstrecke   | 2.00        | 11:03         | 5:31            | 6           | 1:18           | 49           | 4:08            | 2.00        | 11:03         | 5:31            | 24          |                | 36           | 4:08            |
| Leichtathletikhalle | 2.00        | 10:14         | 5:06            | 4           | 0:25           | 28           | 3:10            | 4.00        | 21:17         | 5:19            | 4           | 1:20           | 35           | 7:18            |