



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Schottmann, Susan

Club: Gotha

Number: 251

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 28:14

Speed: 8.50 km/h

Running performance: 7:04 min/km

Rank in course/Total: 416 (of 446)

Rank in course/Women: 150 (of 168)

Best time in course: 13:59

Rank in category: 29(of 33)

Best time in the category: 19:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	13:52	6:56	28	4:25	150	6:57	2.00	13:52	6:56	25	0:45	55	6:57
Leichtathletikhalle	2.00	14:22	7:11	29	5:03	151	7:18	4.00	28:14	7:03	29	9:10	150	14:15