



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Brill, Uwe

Club: LTV Erfurt

Number: 113

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M50 (50-59 Jahre)

Total time: 28:40

Speed: 8.37 km/h

Running performance: 7:10 min/km

Rank in course/Total: 421 (of 446)

Rank in course/Men: 270 (of 278)

Best time in course: 12:07

Rank in category: 33(of 35)

Best time in the category: 15:26

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|---------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde Kurzstrecke | 2.00 | 14:19 | 7:09 | 33 | 6:42 | 271 | 8:11 | 2.00 | 14:19 | 7:09 | 35 | | 153 | 8:11 |
| Leichtathletikhalle | 2.00 | 14:21 | 7:10 | 33 | 6:32 | 265 | 8:22 | 4.00 | 28:40 | 7:10 | 33 | 13:14 | 270 | 16:33 |