



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Eberhardt, Antje

Club: Erfurt

Number: 225

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 23:32

Speed: 10.20 km/h

Running performance: 5:53 min/km

Rank in course/Total: 287 (of 446)

Rank in course/Women: 79 (of 168)

Best time in course: 13:59

Rank in category: 15(of 34)

Best time in the category: 19:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	12:10	6:04	14	2:25	83	5:15	2.00	12:10	6:04	10		69	5:15
Leichtathletikhalle	2.00	11:22	5:41	12	1:33	68	4:18	4.00	23:32	5:53	15	3:35	79	9:33