



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Krieger, Maria

Club: Schwerborn

Number: 275

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Seniorinnen W30 (30-39 Jahre)

Total time: 23:16

Speed: 10.32 km/h

Running performance: 5:49 min/km

Rank in course/Total: 269 (of 446)

Rank in course/Women: 72 (of 168)

Best time in course: 13:59

Rank in category: 12(of 34)

Best time in the category: 19:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	11:45	5:52	10	2:00	66	4:50	2.00	11:45	5:52	4		76	4:50
Leichtathletikhalle	2.00	11:31	5:45	16	1:42	79	4:27	4.00	23:16	5:48	12	3:19	72	9:17