



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Heinzel, Florian

Club: Erfurt

Number: 381

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

männliche Schüler U12 (11 Jahre und jünger)

Total time: 23:21

Speed: 10.28 km/h

Running performance: 5:50 min/km

Rank in course/Total: 276 (of 446)

Rank in course/Men: 202 (of 278)

Best time in course: 12:07

Rank in category: 29(of 43)

Best time in the category: 16:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	12:26	6:13	35	4:23	224	6:18	2.00	12:26	6:13	10	0:47	173	6:18
Leichtathletikhalle	2.00	10:55	5:27	21	2:37	167	4:56	4.00	23:21	5:50	29	7:00	202	11:14