



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Knabe, Edith

Club: BSG Fiskus e.V.

Number: 167

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Seniorinnen W60 (60-69 Jahre)

Total time: 26:42

Speed: 8.99 km/h

Running performance: 6:41 min/km

Rank in course/Total: 400 (of 446)

Rank in course/Women: 138 (of 168)

Best time in course: 13:59

Rank in category: 4(of 6)

Best time in the category: 25:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	13:01	6:30	3	0:18	119	6:06	2.00	13:01	6:30	2	0:02	39	6:06
Leichtathletikhalle	2.00	13:41	6:50	4	1:31	140	6:37	4.00	26:42	6:40	4	1:33	138	12:43