



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Gärtner, Dagmar

Club: SSV KGS Erfurt

Number: 237

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Seniorinnen W60 (60-69 Jahre)

Total time: 25:46

Speed: 9.31 km/h

Running performance: 6:26 min/km

Rank in course/Total: 368 (of 446)

Rank in course/Women: 120 (of 168)

Best time in course: 13:59

Rank in category: 2(of 6)

Best time in the category: 25:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde Kurzstrecke	2.00	12:43	6:21	1	-	105	5:48	2.00	12:43	6:21	3		91	5:48
Leichtathletikhalle	2.00	13:03	6:31	2	0:53	132	5:59	4.00	25:46	6:26	2	0:37	120	11:47