



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Bargfeld, Andreas

Club: Kirchheim

Number: 368

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M50 (50-59 Jahre)

Total time: 24:40

Speed: 9.73 km/h

Running performance: 6:10 min/km

Rank in course/Total: 333 (of 446)

Rank in course/Men: 229 (of 278)

Best time in course: 12:07

Rank in category: 23(of 35)

Best time in the category: 15:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde Kurzstrecke	2.00	12:12	6:05	22	4:35	211	6:04	2.00	12:12	6:05	5		183	6:04
Leichtathletikhalle	2.00	12:28	6:14	27	4:39	237	6:29	4.00	24:40	6:10	23	9:14	229	12:33