



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Detailed evaluation

Minzenmay, Eberhard

Club: SC impuls

Number: 219

Course: 4.00 km

Pokal der Sparkasse Mittelthüringen

Category:

Senioren M70 (70 und älter Jahre)

Total time: 25:11

Speed: 9.53 km/h

Running performance: 6:18 min/km

Rank in course/Total: 346 (of 446)

Rank in course/Men: 234 (of 278)

Best time in course: 12:07

Rank in category: 4(of 5)

Best time in the category: 19:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde Kurzstrecke	2.00	12:34	6:16	4	3:09	234	6:26	2.00	12:34	6:16	4	3:09	184	6:26
Leichtathletikhalle	2.00	12:37	6:18	4	2:42	244	6:38	4.00	25:11	6:17	4	5:51	234	13:04